

**SouthWest Arthritis Research Group, P.A.**

1600 Republic Parkway, Suite 200  
Mesquite, TX 75150

Phone: 972-288-2600

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www.myarthritisdoc.com

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*Welcome to our office and thank you for trusting us with your healthcare needs.*

*Please read the following information, then complete the attached new patient packet as best you can and bring it with you to your first appointment.*

*Having all pertinent medical records available at your first visit will ensure that your appointment is as productive as possible. You may receive a call from our office if we haven't received records prior to your appointment date.*

1. Please arrive 15 minutes prior to your appointment. If you need assistance filling out your new patient forms, please arrive 30 minutes prior to your appointment.
2. Bring your Driver's License (or other ID) and Insurance Cards
3. If you need to cancel or reschedule, please call at least 48 hours in advance so we can offer your appointment to another patient in need of care.
4. We welcome patients with ALL insurance plans, as well as uninsured patients. Our goal is to make sure all patients receive the care they need, regardless of their insurance status or ability to pay.
5. If you are going to be late for your appointment, please call us as soon as possible. We will try our best to accommodate late arrivals. At times, it may be necessary to reschedule your appointment.
6. Patients are seen in the order of their appointment with their scheduled physician. Please be advised that we have several departments within our clinic. If you see a patient being called back before you, it does not necessarily mean you're being skipped.
7. Please bring any past medical records and recent lab results with you. You can request medical records to be directly mailed or faxed to us by completing the enclosed "Authorization for Release of Records".
8. If blood work or x-rays are necessary during the consultation, they will usually be performed at our office unless you prefer a different location. If outside testing is ordered, you may receive a bill from that facility.
9. Normal test results will be discussed at your next visit. We will only call you to discuss critical results.
10. If you are taking any medications, please bring all **MEDICATION BOTTLES** with you to your appointment. We cannot reference any medication off of a medication list. We must have the actual bottle(s).
- 11. We do not prescribe narcotic pain killers and we do not fill out any disability or DME forms.**

*If you have any questions, need directions to our office, or if you're unable to keep this appointment, please call us at 972-288-2600 or email us at [appointments@myarthritisdoc.com](mailto:appointments@myarthritisdoc.com)*

*We look forward to seeing you!*

## Demographic Form

<b>Patient Information</b>	Patient Last Name	First Name	Middle Name	Preferred Name
	Address			
	Home Phone	Cell Phone	Work Phone	Preferred Number: Home / Cell / Work
	Email (Please Print Clearly in Uppercase)		Marital Status Single Married Divorced Widow	
	Social Security Number		Sex Male Female	Date of Birth
	Primary Care Physician Name & Address		Phone #	Fax #
	Referring Physician Name & Address		Phone #	Fax #

<b>Insurance Information</b>	Primary Insurance		Secondary Insurance	
	Policy ID #	Group ID #	Policy ID #	Group ID #
	Subscriber Name	Date of Birth	Subscriber Name	Date of Birth
	Subscriber Social Security Number	Relationship to Patient	Subscriber Social Security Number	Relationship to Patient

### Assignment of Medical Benefits

*I hereby assign all medical benefits to which I am entitled, private insurance and other health plan to **Southwest Arthritis Research Group, P.A.** This assignment will remain in effect until revoked by me in writing. A photocopy of this assignment is to be considered as valid as an original. I understand that I am responsible for all charges whether or not paid by said insurance company. I hereby authorize said assignee to release all information necessary to secure payment on my behalf.*

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

### Patient Communication Questionnaire for HIPAA Compliance

**My preferred method of communication regarding my medical condition, appointment reminders, and billing is:**

Home Phone

Cell Phone \_\_\_\_\_

Work Phone

**May we leave a message?** YES NO

*\* Updates to contact information must be made in writing*

**Do you want to receive appointment reminders by text message?** YES NO

If yes, cell phone number: \_\_\_\_\_

**Do you want access to our online patient portal?** YES NO

If yes, email address: \_\_\_\_\_

*Keeping your information private is important to us. We will only disclose your information to YOU, except in emergency situations.*

*You may authorize us to disclose medical, billing, or other information to additional contacts below.*

**In case of emergency:**

\_\_\_\_\_  
Contact Name

\_\_\_\_\_  
Relationship to Patient

\_\_\_\_\_  
Contact Phone Number

**Other Authorized Contacts:**

\_\_\_\_\_  
Contact Name

\_\_\_\_\_  
Relationship to Patient

\_\_\_\_\_  
Contact Phone Number

*Information to disclose:*  medical condition  billing account  other:

\_\_\_\_\_  
Contact Name

\_\_\_\_\_  
Relationship to Patient

\_\_\_\_\_  
Contact Phone Number

*Information to disclose:*  medical condition  billing account  other:

1. I acknowledge that a HIPAA Privacy Policy has been made available to me for review in the waiting room area and exam rooms. (If unable to locate a copy please see a member of our staff.)
2. If I am ever in an unsecured area within the practice and I require privacy for any reason, I will request to be moved to a private area to complete my needed transactions or correspondence (financial, treatment plan, diagnosis, etc.).

\_\_\_\_\_  
Patient Name (Please Print)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

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 1600 Republic Parkway, Suite 200, Mesquite, TX 75150

**INITIAL VISIT:** Please answer each section by either writing in the space below or circling one of the options listed. This information is CONFIDENTIAL and will not be released without your permission.

Your Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_

Your Doctor: \_\_\_\_\_ Doctor's Phone # \_\_\_\_\_

Your Doctor's Address \_\_\_\_\_

Who do you want information/reports sent to? (circle)    Yourself    Family MD    Other MD

**ABOUT YOUR ARTHRITIS:**

What are your problems? \_\_\_\_\_

Symptoms First Began: Month/Year \_\_\_\_\_

Most Affected Areas (circle):    HANDS    FEET    SHOULDERS    KNEES    HIPS    BACK    NECK

First Diagnosed As: \_\_\_\_\_ By Dr. \_\_\_\_\_

Have you ever been seen by a Rheumatologist? Yes or No    If yes, Dr. \_\_\_\_\_

**I HAVE BEEN TOLD THAT I HAVE:**

- |   |   |                                       |
|---|---|---------------------------------------|
| <input type="checkbox"/> LUPUS          | <input type="checkbox"/> PSORIASIS/PSORIATRIC ARTHRITIS | <input type="checkbox"/> GOUT         |
| <input type="checkbox"/> OSTEOARTHRITIS | <input type="checkbox"/> RHEUMATOID ARTHRITIS           | <input type="checkbox"/> FIBROMYALGIA |
| <input type="checkbox"/> SCLERODERMA    | <input type="checkbox"/> POLYMYOSITIS                   | <input type="checkbox"/> VASCULITIS   |
| <input type="checkbox"/> SPONDYLITIS    | <input type="checkbox"/> JUVENILE RHEUMATOID ARTHRITIS  | <input type="checkbox"/> SJOGREN'S    |

**Abnormal Tests (circle):**    ANA    SedRate (ESR)    RF(rheumatoid factor)    Uric Acid

**My sleep is (circle):**    Great    Normal    Fair    Poor    Very Poor    Wake Up Tired

**Do you have Morning Joint/Muscle Stiffness or Pain? (circle):**    Yes    or    No

**How long does this Stiffness or Pain last? (circle):**    15min    30min    45min    1hr    2hr    4hr

**OTHER MEDICAL PROBLEMS:** (check all that apply)

- |  |   |   |   |
|--|---|---|---|
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Lung disease   | <input type="checkbox"/> HEPATITIS B or C | <input type="checkbox"/> Thyroid problems |
| <input type="checkbox"/> Hypertension        | <input type="checkbox"/> Asthma         | <input type="checkbox"/> Psoriasis        | <input type="checkbox"/> Joint surgery    |
| <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Stomach ulcers | <input type="checkbox"/> Bleeding ulcers  | <input type="checkbox"/> Plastic surgery  |
| <input type="checkbox"/> Stroke              | <input type="checkbox"/> Colitis        | <input type="checkbox"/> Osteoporosis     | <input type="checkbox"/> Fractures        |
| <input type="checkbox"/> Irregular heartbeat | <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Depression       | <input type="checkbox"/> Hospitalization  |

**DO YOU HAVE:** (now or in the past)

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Weight loss     | <input type="checkbox"/> Memory loss        | <input type="checkbox"/> Ringing in ears     | <input type="checkbox"/> Difficulty sleeping           |
| <input type="checkbox"/> Weight gain     | <input type="checkbox"/> Skin ulcers        | <input type="checkbox"/> Depression          | <input type="checkbox"/> Hemorrhoids                   |
| <input type="checkbox"/> Fever           | <input type="checkbox"/> Hives              | <input type="checkbox"/> Jaw pain            | <input type="checkbox"/> Jaundice                      |
| <input type="checkbox"/> Weakness        | <input type="checkbox"/> Itching            | <input type="checkbox"/> Hearing problems    | <input type="checkbox"/> Chest pain                    |
| <input type="checkbox"/> Fatigue         | <input type="checkbox"/> Hair falling out   | <input type="checkbox"/> Swollen glands      | <input type="checkbox"/> Cough                         |
| <input type="checkbox"/> Night sweats    | <input type="checkbox"/> Abnormal nails     | <input type="checkbox"/> Peptic ulcers       | <input type="checkbox"/> Shortness of breath           |
| <input type="checkbox"/> Joint pains     | <input type="checkbox"/> Easy bruising      | <input type="checkbox"/> Heartburn           | <input type="checkbox"/> Wheezing                      |
| <input type="checkbox"/> Swollen joints  | <input type="checkbox"/> Sores in mouth     | <input type="checkbox"/> Indigestion         | <input type="checkbox"/> Purple/white fingers          |
| <input type="checkbox"/> Muscle pain     | <input type="checkbox"/> Dental problems    | <input type="checkbox"/> Nausea              | <input type="checkbox"/> Swelling in legs/feet         |
| <input type="checkbox"/> Tendonitis      | <input type="checkbox"/> Dry mouth          | <input type="checkbox"/> Vomiting            | <input type="checkbox"/> Lower back pain               |
| <input type="checkbox"/> Bursitis        | <input type="checkbox"/> Dry eyes           | <input type="checkbox"/> Swallowing problems | <input type="checkbox"/> Red "pink" eyes               |
| <input type="checkbox"/> Gastritis       | <input type="checkbox"/> Eye pain           | <input type="checkbox"/> Heel pain           | <input type="checkbox"/> Menopause                     |
| <input type="checkbox"/> Nodules (knots) | <input type="checkbox"/> Vision problems    | <input type="checkbox"/> Diarrhea            | <input type="checkbox"/> Numbness                      |
| <input type="checkbox"/> Skin rash       | <input type="checkbox"/> Menstrual problems | <input type="checkbox"/> Constipation        | <input type="checkbox"/> Discharge (vaginal or penile) |
| <input type="checkbox"/> Psoriasis       | <input type="checkbox"/> Nosebleeds         | <input type="checkbox"/> Diverticulitis      | <input type="checkbox"/> Painful urination             |
| <input type="checkbox"/> Tight skin      | <input type="checkbox"/> Chronic sinusitis  | <input type="checkbox"/> Blood in stool      |  |

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Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

List All Current Medications: \_\_\_\_\_  
 \_\_\_\_\_

List Your Vitamins/Supplements: \_\_\_\_\_  
 \_\_\_\_\_

What Are You Allergic To?: \_\_\_\_\_

Have You Ever Taken Any of These Medications? (check all that apply):

<u>DMARDs</u>	<u>BIOLOGICS</u>	<u>NSAIDs</u>	<u>OSTEOPOROSIS</u>
<input type="checkbox"/> Hydroxychloroquine (Plaquenil)	<input type="checkbox"/> Abatacept (Orencia)	<input type="checkbox"/> Naproxen (Aleve)	<input type="checkbox"/> Fosamax (Alendronate)
<input type="checkbox"/> Sulfasalazine (Azulfidine)	<input type="checkbox"/> Rituximab (Rituxan)	<input type="checkbox"/> Anaprox (Naprosyn)	<input type="checkbox"/> Actonel
<input type="checkbox"/> Leflunomide (Arava)	<input type="checkbox"/> Golimumab (Simponi)	<input type="checkbox"/> Ibuprofen (Advil/Motrin)	<input type="checkbox"/> Boniva
<input type="checkbox"/> Methotrexate	<input type="checkbox"/> Actemra	<input type="checkbox"/> Aspirin	<input type="checkbox"/> Zoledronic Acid (Reclast/Zometa)
<input type="checkbox"/> Cyclosporine	<input type="checkbox"/> Humira	<input type="checkbox"/> Diclofenac	<input type="checkbox"/> Evista
<input type="checkbox"/> Cyclophosphamide	<input type="checkbox"/> Certolizumab (Cimzia)	<input type="checkbox"/> Celecoxib (Celebrex)	<input type="checkbox"/> Forteo
<input type="checkbox"/> Mycophenolate (Cellcept)	<input type="checkbox"/> Etanercept (Enbrel)	<input type="checkbox"/> Indomethacin (Indocin)	<input type="checkbox"/> Calcitonin
<input type="checkbox"/> Otezla	<input type="checkbox"/> Infliximab (Remicade)	<input type="checkbox"/> Ketorolac (Toradol)	<input type="checkbox"/> Prolia
<input type="checkbox"/> Other:	<input type="checkbox"/> Stelara	<input type="checkbox"/> Piroxicam (Feldene)	<input type="checkbox"/> Other:
	<input type="checkbox"/> Tofacitinib (Xeljanz)	<input type="checkbox"/> Other:	
	<input type="checkbox"/> Other:		

Work, Lifestyle & Family:

Current Job: \_\_\_\_\_ Employer: \_\_\_\_\_

Stress Level: \_\_\_\_\_

Marital Status:    Single    Married    Divorced    Separated    Widowed    Other: \_\_\_\_\_

Who lives with you? \_\_\_\_\_

Pets at home?    Yes    or    No

Foreign Travel?    Yes    or    No    If Yes, Where? \_\_\_\_\_

Do you smoke?    NEVER    NO (quit \_\_\_\_\_ years ago)    YES (packs per day? \_\_\_\_\_)

Do you drink alcohol?    NEVER    I QUIT    RARELY    SOCIALLY    DAILY

Hepatitis B or C Risk Factors: (circle all that apply)    Blood Transfusions    Contact w/ blood or bodily fluids  
 Tattoos or Body Piercing    Shared razor or toothbrush    Multiple sexual partners

Does anyone in your family have ARTHRITIS? \_\_\_\_\_

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Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

In the PAST WEEK, how much PAIN have you experienced? *(provide a number)*

NO PAIN 0 -----10 MOST SEVERE PAIN

AT THIS MOMENT, ARE YOU ABLE TO: <i>(place a check in the appropriate box)</i>	No difficulty	Some difficulty	Much difficulty	Cannot Do
1. Dress yourself, including shoelaces/buttons?				
2. Get in and out of bed?				
3. Lift a full glass or cup to your mouth?				
4. Walk outdoors on flat ground?				
5. Wash and dry your entire body?				
6. Bend down and pick up clothing from the floor?				
7. Turn regular faucets on and off?				
8. Get in and out of a car?				
9. Walk two miles or three kilometers, if you wish?				
10. Participate in recreational activities and sports as you would like, if you wish?				
11. Get a good night's sleep?				
12. Deal with feelings of anxiety or being nervous?				
13. Deal with feelings of depression or feeling blue?				

Considering all the ways in which illness and health conditions may affect you at this time, please indicate how you are doing today: *(provide a number)*

BEST 0 -----10 WORST

*SouthWest Arthritis Research Group, P.A. offers several CLINICAL DRUG TRIALS through pharmaceutical companies and we would like to offer these opportunities to you.*

May we contact you to discuss CLINICAL DRUG TRIALS?

YES                      NO

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**Confidential Health Information Enclosed**

*This fax contains confidential health care information that is personal and sensitive information. It is being faxed to you after appropriate authorization from the patient or under circumstances that do not require patient authorization. You, the recipient, may be obligated under Federal or State Law to maintain the information in a safe, secure and confidential manner. Re-disclosure without additional patient permission or as otherwise permitted by law may be prohibited. Unauthorized re-disclosure or failure to maintain confidentiality could subject you to penalties under Federal Law.*

**SouthWest Arthritis Research Group**

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**T: (972)288-2600 F: (972)288-8886**

**Authorization for Release of Records**

The undersigned hereby authorizes and requests Dr. \_\_\_\_\_  
to provide *SouthWest Arthritis Research Group* with access to the medical and treatment records of  
(name) \_\_\_\_\_ (date of birth) \_\_\_\_\_ for the purpose  
of continuing treatment. I release you from all legal responsibility or liability that may arise from this  
authorization.

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Witness:** \_\_\_\_\_

**Important Warning:** *This message is intended for use of the person or entity to which it is addressed and may contain information that is privileged and confidential, the disclosure of which is governed by applicable law. If the reader of this message is not the intended recipient, or the employee or agent responsible to deliver it to the intended recipient, you are hereby notified that any dissemination, distribution, or copying of this information is **STRICTLY PROHIBITED**. If you have received this message in error, please notify us immediately and destroy the related message.*